

## शहीद राजगुरू कॉलेज ऑफ एप्लाईड सांईसेस फॉर वुमेन SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

(दिल्ली विश्वविद्यालय)

(UNIVERSITY OF DELHI) Vasundhara Enclave (Adjoining Chilla Sports Complex)

वसुंधरा एन्कलेव, (चिल्ला स्पोर्ट्स काम्प्लैक्स के पास)

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1009 दिनांक/ Date.....

## **NOTICE**

The Department of Management Studies is organizing a seminar on "Mental Health and Mindfulness" by Ms. Priya Sharma (Counselling Psychologist & Founder- Mann\_Minds).

Date: September 12, 2024

Time: 3 PM

Venue: Seminar Room Ground Floor, SRCASW

It is compulsory for the students of Social & Emotional Learning (VAC) to attend the seminar.

All are cordially invited.

Dr. Dimpy Handa

Coordinator

Department of Management Studies

Prof. Payal Mago

Principal

Shaheed Rajguru College of Applied Sciences for Women