

Shaheed Rajguru College of Applied Sciences For Women
University of Delhi
(Department of Physical Education & Sports Sciences)

REPORT ON CERTIFICATE COURSE IN THERAPEUTIC YOGA

The Department of Physical Education and Sports under the aegis of IQAC organized a '**CERTIFICATE COURSE IN THERAPEUTIC YOGA**' from 12th October to 11th November, 2020 (Monday to Saturday) from 5:30 pm to 7:00 pm online on Google Meet platform for the students, staff members, family and friends.

Registration fee for the event was as follows:

- Students: Rs 200/-
- Staff/family & friends : Rs 500/-

There were 28 students, staff members' family and friends who participated and completed the course.

At the end of the course there was a practical and theory exam. Those who had secured minimum 90% attendance were eligible for appearing in the online practical examination. Certificates were awarded to the 20 candidates who cleared the practical examination.

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