

Psychology 2021-2022

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1.	Alumni meet	
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1. Alumni Meet: The annual alumni meet was conducted on 23rd of August with the notable alumni pursuing masters in the field of Psychology across the globe. The aim of this session was to provide a direct, interactive platform and guidance to current Psychology undergraduates of SRCASW, who wish to pursue the same as their career.

Name of the alumni: Ms. Khushi Khandelwal, Ms. Vandana Toppo, Ms. Khushi Grover, Ms. Aayushi Aggarwal, Ms. Gaural Gupta and Ms. Namita Narula

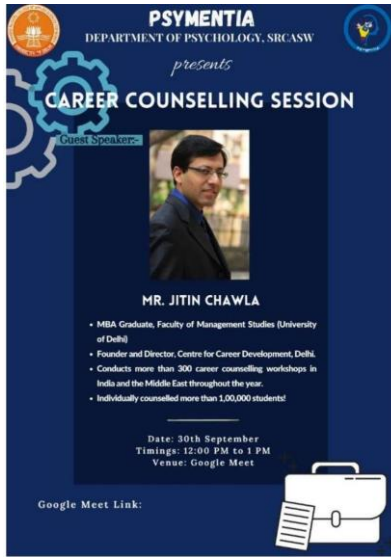
No. Of participants: 52



2. Career Counseling Session: The Career Counseling Session was conducted on 30th of September with Mr. Jatin Chawla as our guest speaker. The aim of the session was to provide guidance to undergraduate students who wish to pursue psychology as a career. Various unique fields related to Psychology like advertisement, parapsychology, film-making, google psychologist, sleep disorder specialist, etc. were discussed.

Name of the speaker: Mr Jitin Chawla

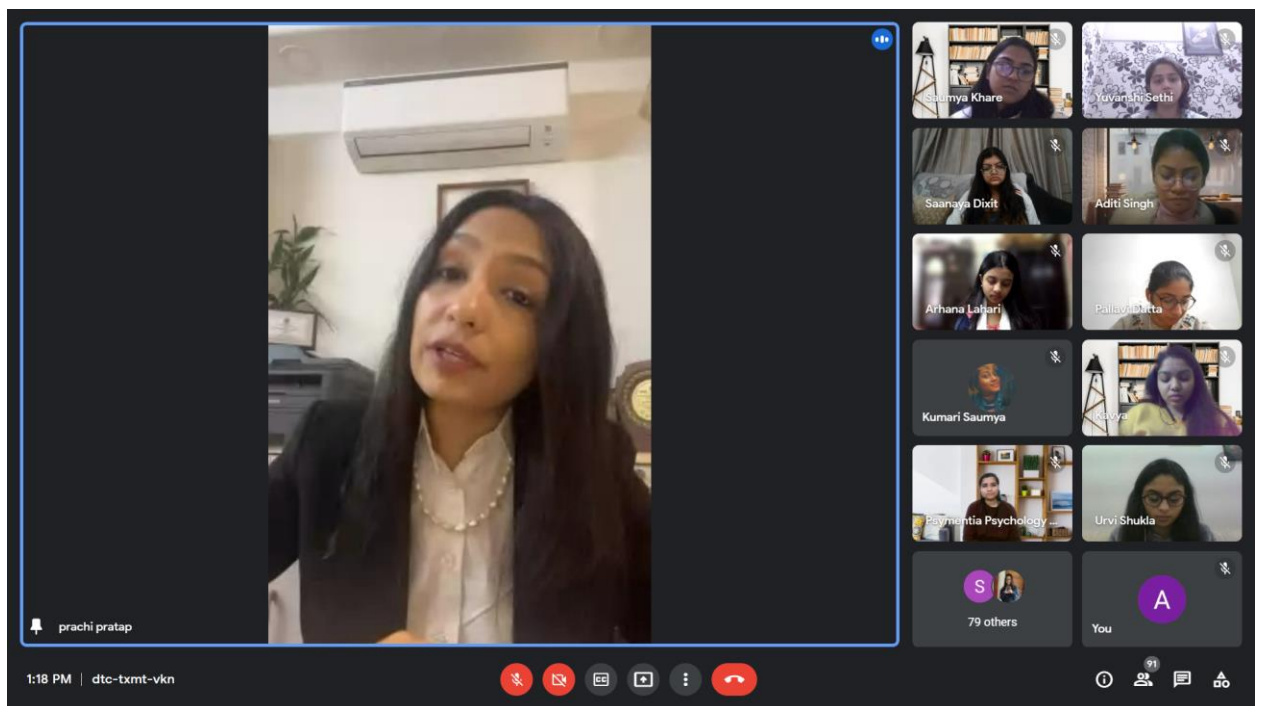
No. of participants: 51



3. **Mental Health and Women During Covid-19:** A webinar was organized on 3rd of February, 2021, under Trezire, the departmental fest of Psymenia, on the topic, "Mental health of Women during COVID-19", with the motive to create awareness regarding the importance of mental health in women's life amongst teaching, non-teaching staff, and students. The Guest Speaker for the webinar was Ms. Prachi Pratap, a prominent advocate at the Supreme Court of India. Mrs Pratap emphasized on various areas in a woman's life that impact their mental health especially during covid and discussed the relevance of such cases in the court of law.

Name of the speaker: Mrs Prachi Pratap

No. of participants: 95



4. **Understanding Queer- Affirmative Therapy:** The second webinar conducted under Trezire' 21 on 4th of February, was Queer Affirmative Therapy where the guest speaker, Ms Komal Kaira, Psychologist and founder of Unheard Saga, familiarised the audience with the concept of being queer. She also shared the tips to practice Queer Affirmative Therapy, the do's and don'ts of it, and also how one can become a successful therapist supporting their queer clients.

Name of the speaker: Ms Komal Kaira

No. of participants: 120+



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11:03 AM | itx-mduq-naq

Komal Kaira

Pallavi Datta, Radhika Sharma, Kavya, Saumya Khare, Pooja Gupta, Ilka Saifi, 55 others, You

Type here to search

13°C, ENG, 11:03 04-02-2022

The image shows a Google Meet interface during a session. The main video feed displays Ms. Komal Kaira, the speaker, in a red top. To her right is a gallery view of other participants, including Pallavi Datta, Radhika Sharma, Kavya, Saumya Khare, Pooja Gupta, and Ilka Saifi. A '55 others' icon indicates a large audience. The bottom of the screen shows the Windows taskbar with various application icons, system tray information (13°C, ENG, 11:03 04-02-2022), and a search bar.