

NSS REPORT: 2023-24

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1. E - POSTER-MAKING ACTIVITY ON “THE BEST ALTERNATIVES FOR THE PLASTIC IN YOUR LIFE”

The National Service Scheme of Shaheed Rajguru College of Applied Sciences for Women organized an E-poster-making activity on 3rd July 2023 on the topic, “Best alternatives of plastic in your life.” This activity aimed to raise awareness about the harmful effects of plastic usage and encouraged participants to explore eco-friendly alternatives. The initiative saw enthusiastic participation, with students showcasing innovative ideas to promote sustainability in their daily lives.

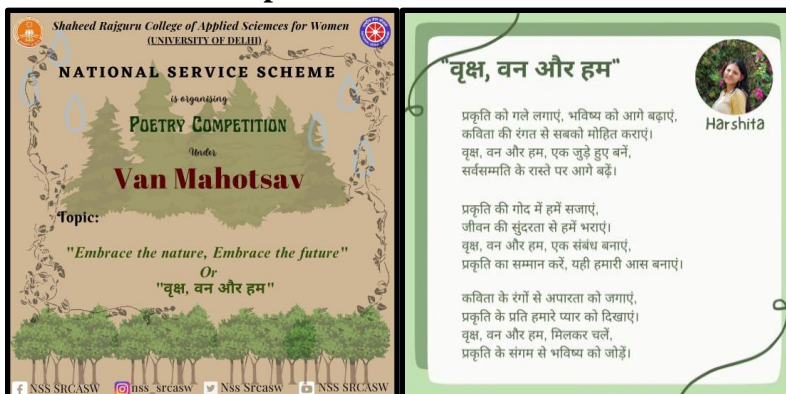
Number of Participants- 10



2. POETRY WRITING ACTIVITY ON “EMBRACE THE NATURE, EMBRACE THE FUTURE”

On 4th July 2023, the NSS unit of the college organized a poetry writing activity themed "Embrace the Nature, Embrace the Future." Participants expressed their thoughts on environmental conservation and the importance of a sustainable future. This activity aimed to inspire a deeper connection with nature.

Number of Participants- 3



3. SANITATION ACTIVITY ON “WORLD ZOOSESES DAY”

The NSS unit of SRCASW organized a sanitation activity on World Zoonoses Day on July 5, 2023. This initiative aimed to raise awareness about zoonotic diseases and the importance of maintaining sanitation to prevent their spread.

Number of Participants- 3

4. NATURE PHOTOGRAPHY ACTIVITY ON “VAN MAHOTSAV WEEK”

To celebrate Van Mahotsav Week, the NSS unit of the college held a Nature Photography activity on July 7th, 2023. The event focused on raising awareness about the significance of trees and the environment, inviting participants to capture nature's beauty through photography.

Number of Participants- 13



5. PREPARING ECO-FRIENDLY PAPER BAGS AND OTHER PAPER PRODUCTS OR ARTICLES ON “WORLD PAPER DAY”

The NSS unit of the college hosted a Paper Bag-Making activity on World Paper Day, celebrated on 12 July 2023. This initiative aimed to raise awareness about the importance of reducing plastic use and promoting sustainable practices in our daily lives.

Number of Participants- 2



6. SHOWCASING DIFFERENT SKILLS ON “WORLD YOUTH SKILLS DAY”

On 15 July 2023, The NSS Unit of the college organized an engaging skill exhibition activity to mark “World Youth Skills Day”. Volunteers showcased diverse talents from arts and crafts to poetry, painting, and cultural, technical, and linguistic abilities. This initiative sought to underscore the importance of skill development in youth while inspiring participants to unlock their creative potential.

Number of Participants- 3

7. VIDEO PRESENTATION ACTIVITY ON “NELSON MANDELA”

To celebrate “Nelson Mandela International Day”, The NSS unit of the college hosted a thought-provoking video presentation activity focused on the life and legacy of Nelson Mandela on 18 July 2023. This activity aimed to honor Mandela's contributions to social justice and equality.

Number of Participants- 1



8. HOUSE CLEANING ACTIVITIES FOR THE PREVENTION OF VECTOR-BORNE DISEASES

On July 20, 2023, The NSS Unit of the college organized a house-cleaning activity to prevent vector-borne diseases. This initiative encouraged participants to clean their surroundings while raising awareness about the importance of hygiene and sanitation in reducing the risk of these diseases. Through this activity, the NSS emphasized the significance of a clean environment in promoting public health.

Number of Participants- 1



9. PLEDGE FOR ORGAN DONATION

On July 29, 2023, the NSS unit of SRCASW participated in an impactful E-Pledge-taking centered around the theme of organ donation as part of “Angdaan Mahotsav”. During this initiative, volunteers actively participated by pledging their commitment to organ donation through the MyGov portal, reinforcing the significance of this life-saving cause.

Number of Participants: 13



10. SLOGAN WRITING COMPETITION ON “ANGDAAN MAHOTSAV”

On August 2nd, 2023, the NSS unit of SRCASW hosted an engaging Slogan Writing Competition as part of the “Angdaan Mahotsav”. This event focused on the theme “Importance of Organ Donation,” aiming to raise awareness about the critical need for

organ donors and the profound impact their contributions can have on saving lives. Participants were encouraged to express their creativity and understanding of the subject through impactful slogans, fostering a spirit of advocacy and community involvement. Through this initiative, the NSS aimed to spread awareness and promote dialogue on this vital cause, emphasizing that every slogan could resonate with someone who requires a second chance at life.

Number of Participants: 18



11. MERI MATI-MERA DESH CAMPAIGN

The NSS unit of the college celebrated the Meri Mati-Mera Desh Campaign by participating in various activities:

E-pledge activity: Students actively participated in the e-pledge activity under the Campaign on August 15, 2023, and shared their downloaded certificates.

Panch Pran Pledge: The Panch Pran Pledge ceremony was held on campus, where Principal Prof. (Dr.) Payal Mago, staff members, and students took the pledge, holding maati (soil) in one hand and a diya in the other.

Sapling Plantation: The Sapling plantation was done in college by our respected Principal, Prof. (Dr.) Payal Mago along with staff members and volunteers to celebrate ‘Azadi ka Amrit Mahotsav’.





12. HAR GHAR TIRANGA CAMPAIGN

The Har Ghar Tiranga campaign marked India's 77th Independence Day. Under this initiative, the students were presented with various tasks- Flag Hoisting at homes, and Uploading selfies with the National Flag.

Flag Hoisting and Rashtragaan in the College- On the occasion of the 77th 'Independence Day' the National Flag was hoisted by our respected Principal Prof. (Dr.) Payal Mago along with staff members and students. Everyone participated with full enthusiasm in the event.

Flag Hoisting at Home: The volunteers were encouraged to send their videos/pictures of hosting the National Flag at their homes by following the salient features of the Flag Code of India and the Prevention of Insults to National Honour Act, 1971.

Uploading Selfie with National Flag: The volunteers were encouraged to upload their selfies with the National Flag on the Har Ghar Tiranga website and share the downloaded certificates. The task garnered an enthusiastic response from the volunteers and added more proud smiles to the thousands of smiles.





13. SPEAKER SESSION BY ANOOP GARG

The National Service Scheme and the Entrepreneurship Development Cell of SRCASW organized a speaker session on Personal Branding under the aegis of IQAC on 21st August 2023. Mr. Anoop Garg, co-founder of Programming Pathshala and an alumnus of IIT BHU, led the session to commemorate World Entrepreneurship Day and enhance participants' skills in personal branding.

Number of Participants: 30+

14. TAGLINE-MAKING COMPETITION ON “MILLET COOKIE STARTUP”

The NSS unit of SRCASW organized a Tagline-Making Competition on the theme “Millet Cookie Startup,” in collaboration with the Entrepreneurship Development (ED) Cell under

the aegis of IQAC, on 28th August 2023, to encourage innovative thinking and entrepreneurship among students.

Number of Participants: 3



15. SWACHHTA HI SEVA(SHS) CAMPAIGN

The Swachhta Hi Sewa campaign was promoted for 15 days from 15th September to 2nd October 2023 in which daily tasks were assigned to the students such as making bags, best out of waste products, and a nearby college park was cleaned. NSS volunteers engaged in daily cleanliness activities to promote a strong sense of hygiene.

Date	Activities	No. of Students
15/09/2023- 02/10/23	Cleanliness drive around college premises	5
	Best out of waste from single use plastic	3
	Preparation of cloth bag	5
	Preparation of handmade poster on Cleanliness and Hygiene	2
	Preparation of e-poster on Promoting cleanliness	7
	Cleaning house and neighbour hood areas	2
	Collection and decomposition of kitchen wastes	2
	Creating a video on the importance of Cleanliness and Hygiene	20
	Collection of plastic bottles from home and neighbourhood	21
	Cleanliness drive around a nearby park	29
	Preparation of essay on the topic Cleanliness and its importance	35
	Cleaning house and neighbour hood areas	28
	Create recycled or upcycled materials	40
	Cleanliness drive around college ground and canteen	13
Cleanliness drive in a park nearby college	16	



16. WORKSHOP ON “MASS AWARENESS GENERATION AND TRAINING CUM SENSITIZATION PROGRAMME ON LIFE-SAVING TECHNIQUE” CPR

The National Service Scheme Unit and the Department of Physical Education and Sports of SRCASW conducted a sensitization workshop on “Mass Awareness Generation and Training Cum Sensitization Programme on Life-Saving Techniques, CPR (Cardiopulmonary Resuscitation)” in collaboration with the District Disaster Management Authority on September 19, 2023. Mr. Sanjeev Kumar Singh and Ms. Anjali Diwakar, PPO, graced the event, making it both educational and impactful.

Number of participants: 200+



17. UPLOADING SELFIES ON THE SELFIE PORTAL WHILE CAPTURING SWACHHATA MOMENTS

The NSS unit of the college actively participated in the Swachhata movement on 20th September 2023. As part of this initiative, volunteers uploaded selfies on the government portal to demonstrate their commitment to cleanliness and hygiene. As a token of their commitment, the NSS unit received e-certificates, highlighting their contribution to the Swachh Bharat Abhiyan and reinforcing the value of civic engagement in fostering a cleaner and healthier society.

Number of Participants: 17

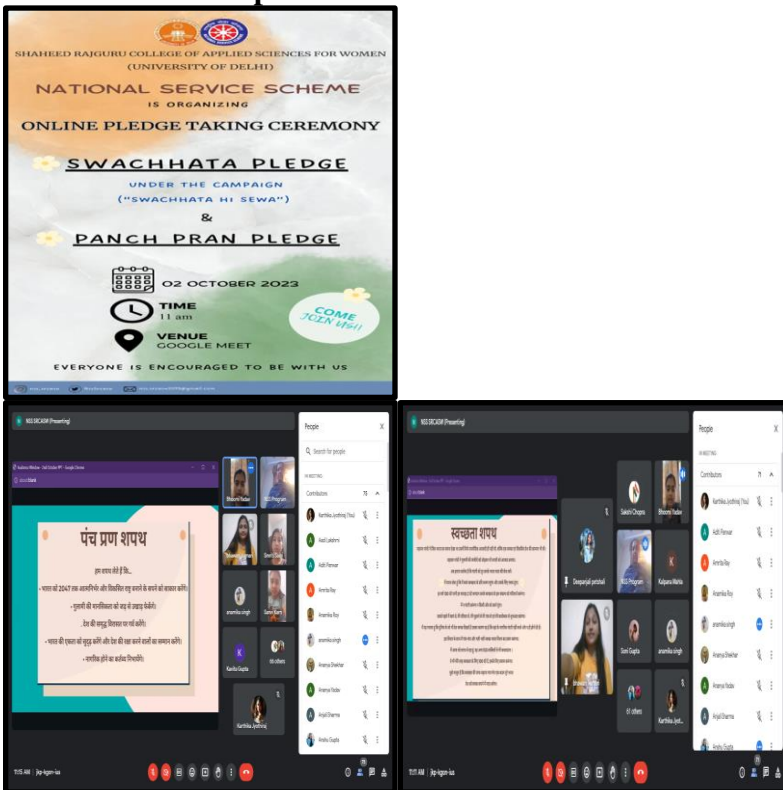




18. SWACHHATA AND PANCH PRAN PLEDGE TAKING

The NSS unit of SRCASW organized a virtual Swachhata and Panch Pran Pledge for college students to uphold the spirit of nationalism, with high enthusiasm on October 2, 2023.

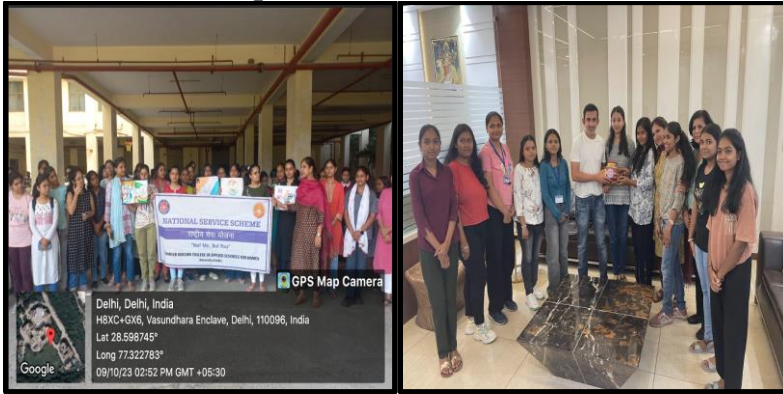
Number of Participants: 75



19. KALASH YATRA UNDER THE MERI MATI MERA DESH CAMPAIGN

The National Service Scheme of Shaheed Rajguru College of Applied Sciences for Women organized a Kalash Yatra under the Meri Mati Mera Desh Campaign on 9th October 2023. It handed over the *maatti* Kalash to Mr. Gautam Gambhir, MP, East District, Delhi as a part of the campaign.

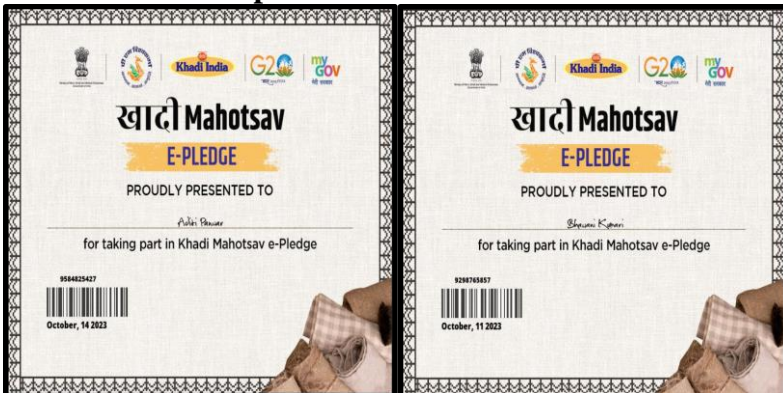
Number of Participants: 60



20. PLEDGE ON “KHADI MAHOTSAV”

In homage to Gandhi Jayanti, the Government of India held an E-Pledge event on 11 October 2023, during Khadi Mahotsav. Volunteers of the NSS unit of the college pledged to honor Gandhi's legacy by embracing local culture and advocating for “Vocal-for-Local” initiatives.

Number of Participants: 50



21. PLEDGE ON “NATIONAL UNITY DAY”

On the birth anniversary of Sardar Vallabhbhai Patel, the NSS unit of SRCASW conducted a solemn pledge on October 31, 2023, to honor his legacy of unity in diversity. This meaningful event not only celebrated Sardar Patel's significant role in the nation's history but also served as a powerful reminder for all to embrace and promote the values of harmony and inclusiveness in their daily lives.

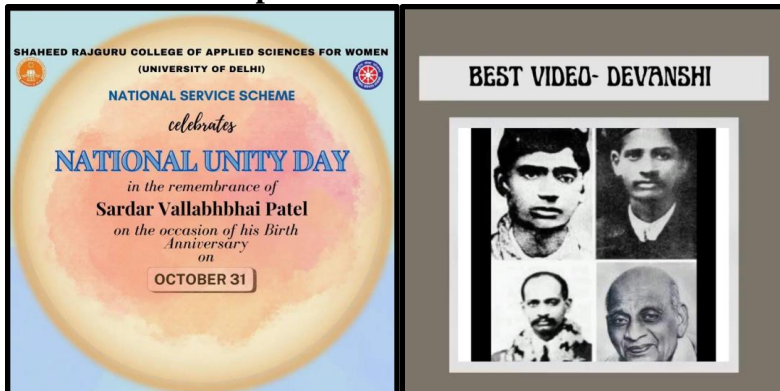
Number of Participants: 31



22. VIDEO-MAKING ACTIVITY ON “NATIONAL UNITY DAY”

To mark the birth anniversary of Sardar Vallabhbhai Patel, the NSS unit of the college conducted a video-making activity on November 1, 2023. This engaging initiative aimed to encourage students to creatively express their understanding of Sardar Patel's contributions to the nation, highlighting his role as a unifying force and an advocate for communal harmony.

Number of Participants: 5



23. WALKATHON UNDER VIGILANCE AWARENESS WEEK

The NSS unit of SRCASW organized a walkathon on November 7, 2023, as part of Vigilance Awareness Week. This event aimed to raise awareness about the importance of integrity and transparency in society. Volunteers were encouraged to actively participate in this activity, symbolizing their commitment to fostering a corruption-free environment.

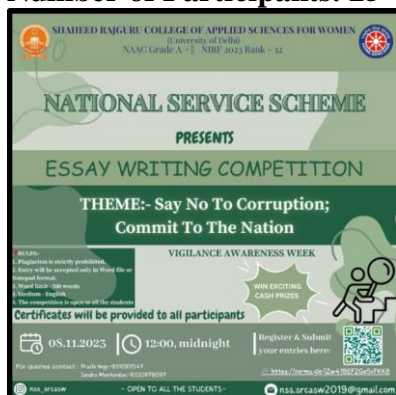
Number of Participants: 20



24. ESSAY WRITING COMPETITION ON “SAY NO TO CORRUPTION, COMMIT TO THE NATION”

The NSS unit of SRCASW organized an Essay Writing competition during Vigilance Awareness Week, on 8th November, 2023 to promote ethical values and encourage students. The volunteers showcased their creativity while also promoting a corruption-free environment.

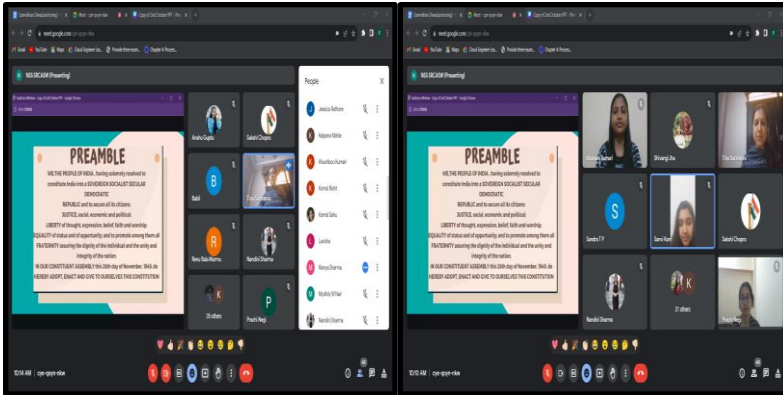
Number of Participants: 25



25. PREAMBLE READING ON “SAMVIDHAN DIWAS”

To celebrate Samvidhan Diwas, the NSS unit of the college organized a Preamble reading session on November 26, 2023. This event aimed to honor the creation of the Indian Constitution and to foster a deeper understanding of its fundamental principles among students.

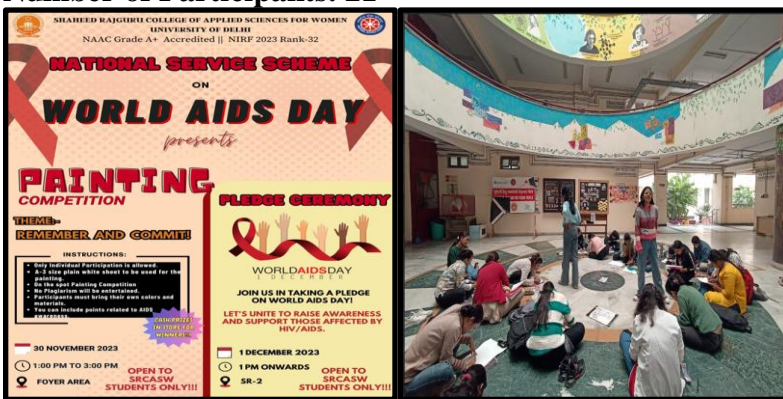
Number of Participants: 39



26. PAINTING COMPETITION ON “WORLD AIDS DAY”

On 30th November 2023, the NSS unit of SRCASW organized a painting competition themed "Remember and Commit" commemorating World AIDS Day, raising awareness about HIV/AIDS and promoting solidarity against stigma through vibrant artworks.

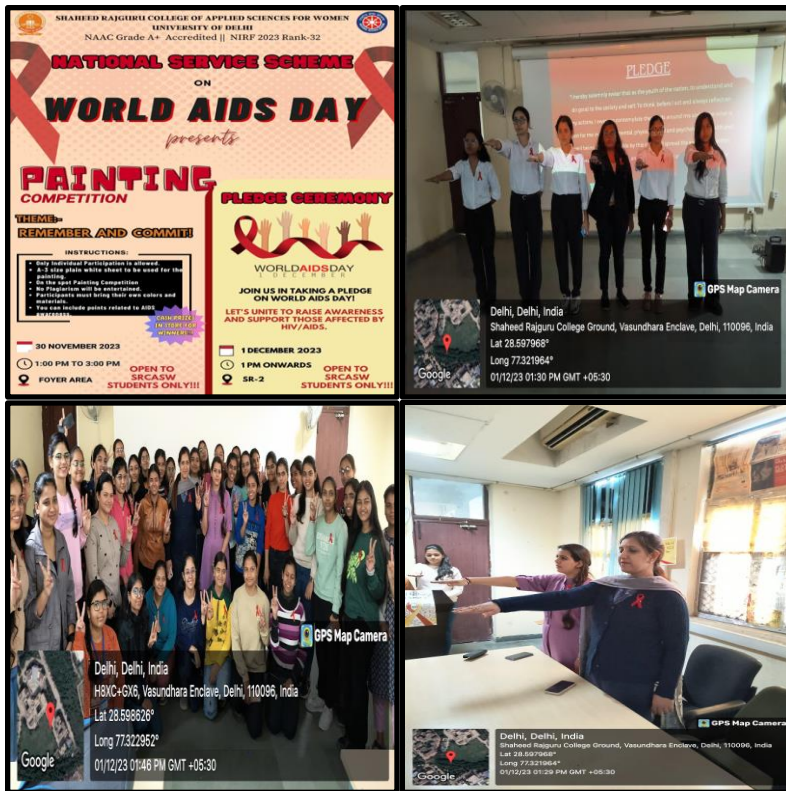
Number of Participants: 21



27. PLEDGE-TAKING ON “WORLD AIDS DAY”

Another pledge-taking ceremony was organized to unite students in the fight against HIV/AIDS stigma on 1st December 2023. NSS volunteers are committed to raising awareness, promoting prevention, and advocating for equitable treatment and support services access.

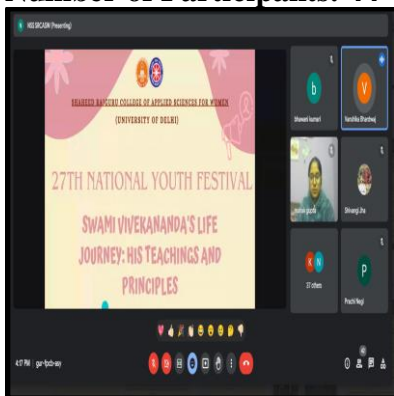
Number of Participants: 43



28. MONOLOGUE SESSION ON THE THEME - “SWAMI VIVEKANANDA’S LIFE JOURNEY”

On 17th January 2024, the NSS unit of the college held a monologue session commemorating the National Youth Festival, focusing on Swami Vivekananda's life, teachings, and principles. The event encouraged diverse perspectives and sparked meaningful discussions among students.

Number of Participants: 44



29. PLEDGE ON “NATIONAL VOTERS’ DAY”

On January 25, 2024, during the 14th National Voters' Day, the NSS unit of SRCASW conducted a pledge to reaffirm students' commitment to ethical voting. The event

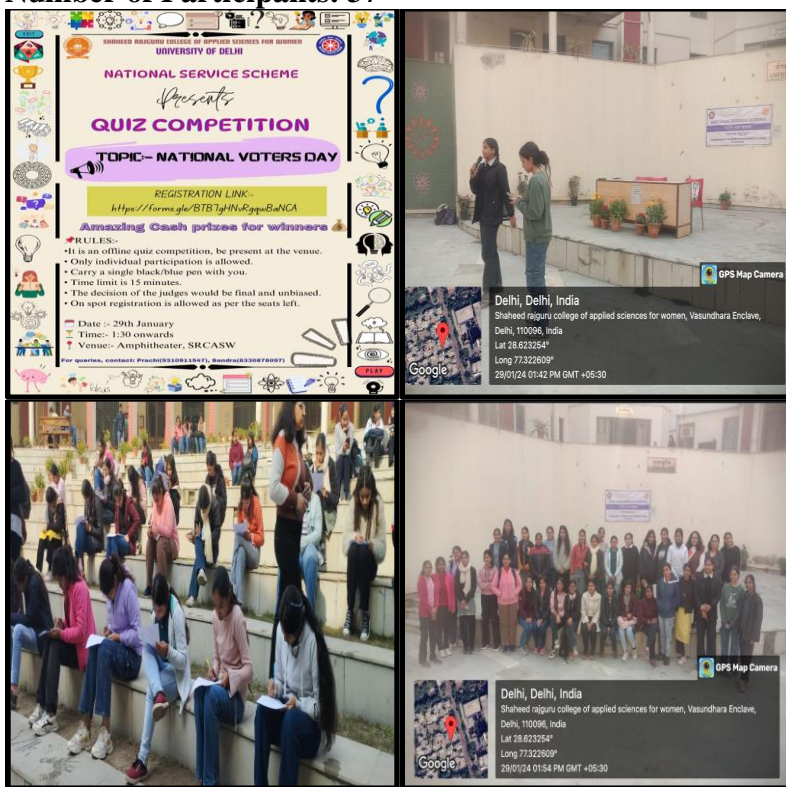
encouraged students to advocate for free and fair elections, fostering a sense of civic responsibility and empowering them to contribute positively to the nation's future. Principal Prof. (Dr.) Payal Mago expressed gratitude for our collective dedication.

Number of Participants: 27

30. QUIZ COMPETITION ON “NATIONAL VOTERS’ DAY”

The NSS unit of SRCASW organized a Quiz competition on 29th January 2024, celebrating National Voters' Day to empower students to exercise their voting rights responsibly and its importance and to encourage responsible civic participation.

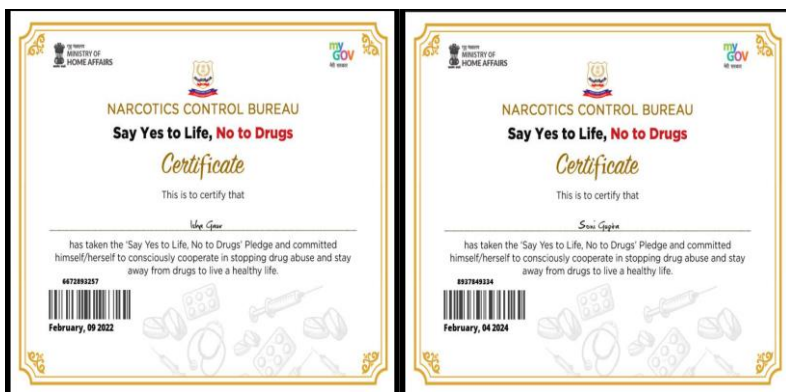
Number of Participants: 37



31. PLEDGE AGAINST DRUGS

In solidarity with the Nasha Mukt Bharat initiative, the NSS unit of SRCASW participated in an E-Pledge Ceremony on "Say Yes to Life, No to Drugs" on February 4, 2024, committing to combat drug abuse. This event was organized to raise awareness about the dangers of substance abuse and to foster a culture of health and well-being among students and the community.

Number of Participants: 29



32. POEM WRITING COMPETITION ON “ANGDAAN”

On February 7, 2024, the NSS Unit of SRCASW organized a Poem Writing Competition to raise awareness about the life-saving importance of organ donation. The event served as a platform for students to express their creativity and empathy while fostering a deeper understanding of the impact of organ donation on countless lives. Through their poems, participants conveyed powerful messages of hope and generosity.

Number of Participants: 21



33. TWO-DAY FREE DENTAL CHECKUP CAMP

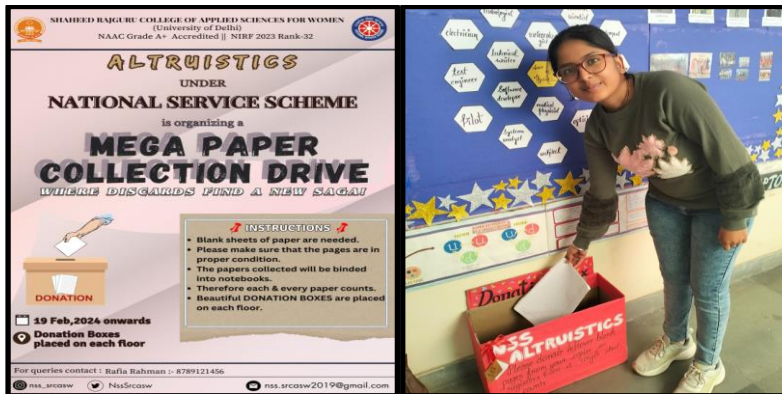
The NSS unit of SRCASW organized a two-day Free Dental Checkup Camp with Whistle and Smile (CLOVE DENTAL) on February 12 and 13, 2024, from 10 am to 4 pm, benefiting many staff members and students. The event saw massive participation with participant-count over 400.

Number of participants: 400+



34. MEGA PAPER COLLECTION DRIVE

The Altruistic drive under the NSS unit of the college organized a week-long Mega Paper Collection Drive in college premises. The drive was started on 19th February 2024 and collected a good amount of paper which was upcycled by making handmade notebooks.

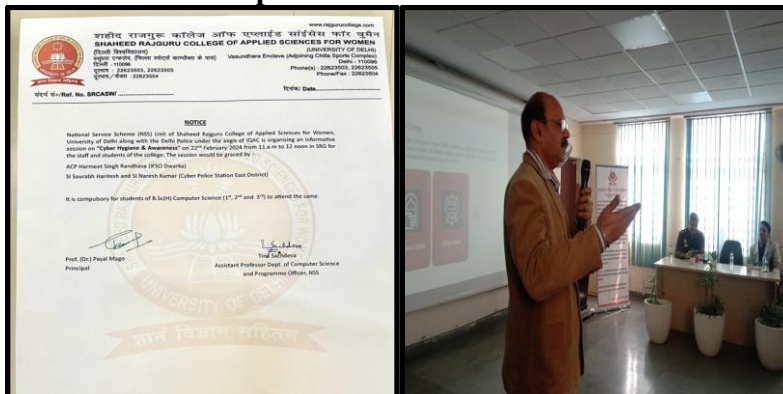




35. WORKSHOP ON “CYBER HYGIENE AND AWARENESS”

The NSS unit of SRCASW and Delhi Police, under the aegis of IQAC, organized a session on “Cyber Hygiene and Awareness” at 11 AM on February 22, 2024. The event was graced by ACP Harmet Singh Randhawa and Sub-Inspectors Saurabh Haritesh and Naresh Kumar from the Cyber Police Station East District, making it a successful and collaborative effort.

Number of Participants: 100+



36. VIKSIT BHARAT 2047 CAMPAIGN

The Viksit Bharat 2047 Campaign encouraged students to share their ideas on the vision of Viksit Bharat by successfully conducting on-ground activities and executing digital engagement. Through a widespread message among the student body and social media campaign and on-campus visual engagement through posters and banners, the students were encouraged to take part in the quiz on the MyGov website and share their downloaded certificates. Selfies with the posters were taken. Students and volunteers filled out the form to share their ideas for the vision of Viksit Bharat and shared their downloaded certificates. Ideas were submitted by students systematically. Over more than 800 ideas were submitted. Also, a Handmade selfie booth was prepared and set up in college to spread awareness.



37. MERA PEHLA VOTE DESH KE LIYE CAMPAIGN

The NSS unit of SRCASW participated in the campaign promoting the importance of voting among students by sharing a Voter Guide, Comic Book, and Election Atlas, along with the Voter Helpline app link on 4th March 2024. A selfie stand was also set up in college to promote the same.

Number of Participants: 17+



38. AGASTYA: - ANNUAL CULTURAL FEST 2024

Agastya'24, the National Service Scheme Annual fest, was celebrated on March 6th and 7th, 2024 under Karvaan'24. Three insightful and fun-loving games and a stall were organized under the fest. The event featured a lively array of games designed to promote physical activity and raise awareness about important social issues among the participants. Three standout games highlighted the occasion: "Guess n' Act," "Social Bingo," and "Beg, Borrow, DIY."

Guess N'Act - The fest started with the lively "Guess 'N Act" game, where participants depicted societal issues through spontaneous skits. Volunteers provided a platform for creative interpretation and communication of social issues, promoting deeper understanding among the audience.

Number of Participants: 19



The winners were as follows:
 Lakshita and Snehlata (1st position)
 Mehak and Saumya (2nd position)

Social Bingo - In the engaging "Social Bingo" session, participants enthusiastically played the classic game with a unique twist aimed at raising social awareness as they marked off their bingo cards.

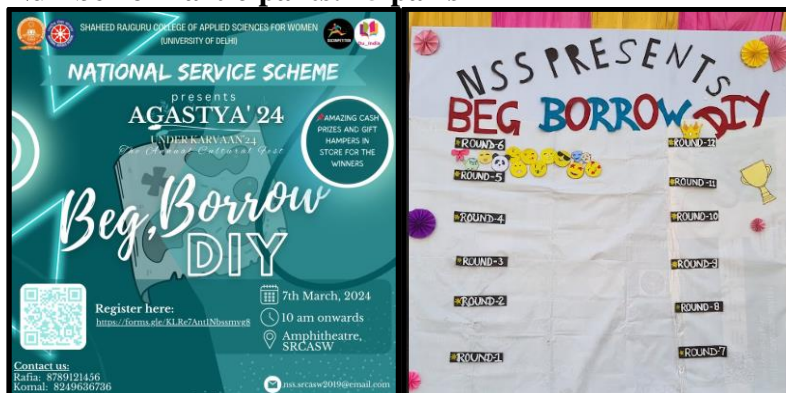
Number of Participants: 50+



The winners were as follows:
 Shweta (1st position)
 Bhumi (Consolation prize)

Beg, Borrow, DIY - The fest maintained its energy with the engaging "Beg, Borrow, DIY" game. Participants teamed up to tackle societal challenges using their resourcefulness and teamwork. In this inventive activity, pairs creatively addressed dilemmas by borrowing items from others, promoting ingenuity, cooperation, and problem-solving in the context of social issues.

Number of Participants: 25 pairs



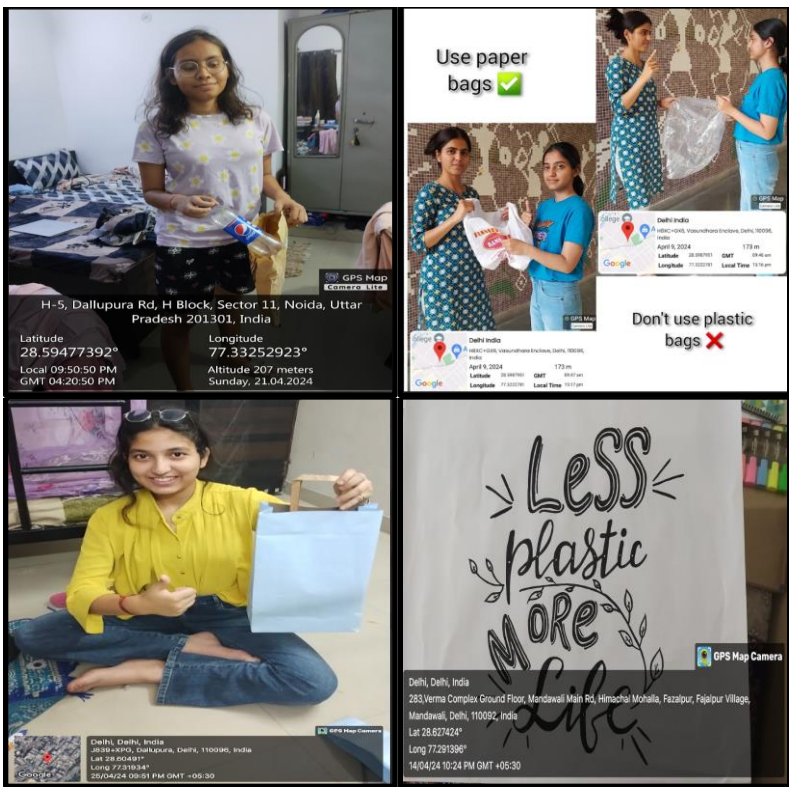
The winners were as follows:
Karuna and Maahi (1st position)

Stall - The diverse range of offerings was shown under the NSS stall. Among them were handmade notebooks, crafted from papers collected during paper collection drives, then skillfully bound by volunteers for sale. "Paper pounds": kindness stones adorned with uplifting messages, meticulously decorated by volunteers were also presented under Stall. Other highlights included crafted chronicles, take-a-way providing tangible tokens of engagement and reflection., tic-tac-toe, myths 'n' facts, and the exciting surprise wheel.

39. 100 DAYS TO BEAT PLASTIC CAMPAIGN 2.0

The Municipal Corporation of DELHI launched the "100 Days to Beat Plastic Campaign 2.0" from 31st January 2024 till 5th June 2024, in collaboration with Why Waste Wednesdays Foundation and Earth Day Network India. The initiative aimed to involve educational institutions in fighting single-use plastic by providing them with the "Students Vs. Plastics" toolkit, which guides students in participating in activities to reduce plastic pollution. Several weekly activities were taken during the campaign such as Adopting 5 households for each student, making everyone aware of the campaign, a Reel-making task on Plastic and its harmful effects, a Handmade Poster Making Activity, a Plastic Collection Drive, and a hand-made paper bag-making activity.

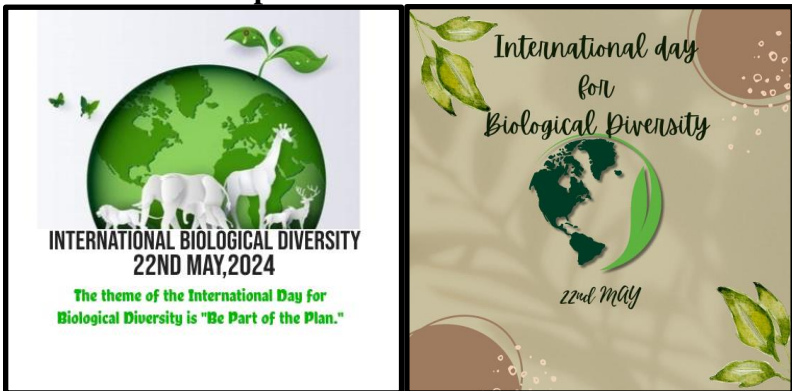
Number of Participants: 15



40. E-POSTER-MAKING ACTIVITY ON “INTERNATIONAL DAY FOR BIOLOGICAL DIVERSITY”

The NSS unit of SRCASW celebrated the International Day for Biological Diversity on 21st May 2024 by preparing e-posters and raising awareness about the importance of biodiversity and its impact on our planet. With this initiative, the NSS unit and its volunteers tried to foster a sense of responsibility towards environmental stewardship among its members and the broader college community.

Number of Participants: 14



41. PRIDE MONTH CELEBRATION

The NSS unit of the college celebrated Pride Month with activities, like a Comment-Writing activity on 12 June 2024 and a Face-Painting activity on 14 June 2024. NSS volunteers aimed to foster a sense of inclusivity and acceptance with this initiative.

Number of Participants: 23 (Comment-Writing activity)

Number of Participants: 16 (Face-Painting activity)



42. VIDEO-MAKING ACTIVITY ON “WORLD DAY AGAINST CHILD LABOUR”

On 13 June 2024, the NSS unit of the college marked “World Day Against Child Labour” by encouraging its volunteers to create impactful speech videos. This initiative aimed to raise awareness about the ongoing global issue of child labor, emphasizing the importance of protecting children’s rights and ensuring their access to education and safe childhood.

Number of Participants: 11

43. YOGA WEEK CELEBRATION

The NSS unit of SRCASW organized a Yoga Week Campaign from 14th June 2024 to 20th June 2024. Throughout the week, volunteers and students engaged in various yoga and wellness activities designed to foster physical and mental well-being within the college community.

Number of Participants: 15



44. HANDMADE POSTER-MAKING COMPETITION ON “YOGA FOR WOMEN EMPOWERMENT”

The NSS unit of the college organized a Handmade Poster-making Competition on the topic "Yoga for Women Empowerment" on 18th June 2024, providing a platform for students to express their creativity and thoughts. Participants designed posters showcasing the transformative power of yoga in fostering physical and mental strength among women.

Number of Participants: 13



45. ACTIVITIES UNDER PROJECTS: ALTRUISTICS (THE DONATION AND VISITS DRIVE), CALL OF GREEN (THE CLEANLINES AND PLANTATION DRIVE), PRAGATI KI ओर (THE LITERACY DRIVE)

NSS SRCASW under its three projects namely Pragati ki ओर, Call of Green, and Altruistic, organized a diverse range of activities such as cleanliness drives, donation drives, and awareness drives.

Altruistic (The Donation and Visits Drive):- The Donation and Visits drive, embodies the philosophy that "Helping hands are better than praying lips", and has made

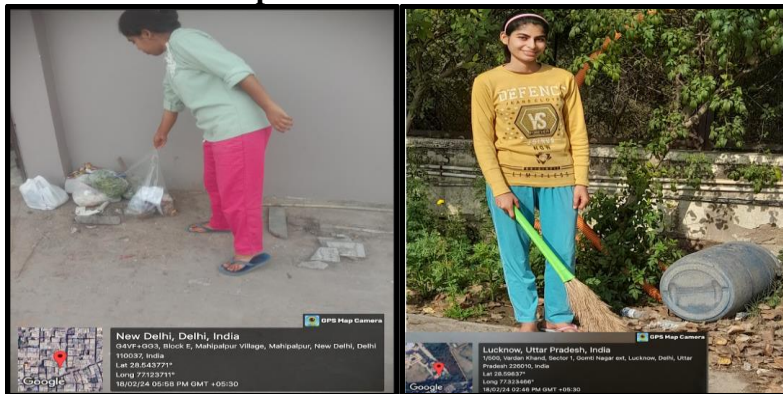
commendable efforts to uplift others in various ways. Activities done under this drive included distributing sweets and chocolates during Diwali, crafting cards for children on Children's Day, a paper collection drive, and producing hand-bound copies through collected papers. Through these activities, the 'Altruistic' drive tried to weave intangible bonds, leaving a trail of warmth, empathy, and collective action.

Number of Participants: 32



Call of Green (The Cleanliness and Plantation Drive):- Call of Green organized numerous cleanliness-related activities, aiming to cultivate a strong environmental consciousness among volunteers. These initiatives included the Diwali clean-up, Best Out of Waste projects, college cleaning campaigns, cleaning nearby bus stations, spreading awareness about Lymphatic Filariasis (LF) and campaign against Mass Drug Administration (MDA), as well as creating paperweights from stones. Through these endeavors, 'Call of Green' tried to inspire a sense of collective responsibility among young individuals, rallying them towards the vision of a cleaner, greener future.

Number of Participants: 34



Pragati Ki ओर (The Literacy Drive):- It stands as a dynamic initiative committed to fostering awareness among the youth about pivotal social issues, including mental health

and healthcare. The drive's activities encompass various initiatives, such as creating videos on eco-friendly options for Diwali, safety measures, and pet safety, crafting e-posters highlighting the importance of proper sanitation and hygiene practices, producing videos dispelling misconceptions about AIDS and creating handmade posters against MDA, and also organizing human chain formations to raise awareness about lymphatic filariasis, making book covers for notebooks during festivals, and spearheading the "100 Days to Beat Plastic 2.0" campaign. Such activities help in creating informed and empowered individuals who can contribute meaningfully towards a better society.

Number of Participants: 34

