

**PRAVRIDHI**  
**Activities 2023-24**  
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## 1. Seminar/Workshop on From waste to worth: Plastic recycle and reuse workshop (31/10/23)

In collaboration with the cultural committee, the college hosted an engaging workshop that inspired students to create DIY crafts from plastics and foster eco-friendly initiatives. It also launched a weekly plastic collection drive with the "Save Mother Earth Mission."

- **Resource Person:** Ms. Tanu Aggarwal, founder of "Save Mother Earth Mission" and Mr. Shyam Tayal, co-founder of "Save Mother Earth Mission".
- **Number of Participants:** 107 participants participated in the event.



## 2. Nature yoga and meditation (5/12/23)

PRAVRIDHI organized a refreshing yoga and meditation session, offering the perfect prelude to upcoming exams. Participants embraced the serene connection between mind, body, and nature, fostering inner calm and balance.

- **Number of Participants:** 43 students participated in the event.



### 3. Composting bingo (5/12/23)

Participants engaged in an exciting activity, sorting product stickers into compostable and non-compostable categories. This interactive experience offered valuable insights into sustainable practices.

- **Number of Participants:** About 90 students participated in the event.

### 4. Code Efforts Pvt. Ltd visitation (2/12/23)

The Eco Club explored the operations of Code Efforts Pvt. Ltd., a trailblazer in recycling cigarette waste. The visit showcased the transformation of cigarette butts into sustainable products, promoting waste utilization while empowering women artisans and rag pickers through employment.



### 5. Poster making competition (4/12/23)

A lively poster-making activity on the theme "One Earth, One Family" highlighted the importance of preserving our planet. Students showcased their creativity and commitment to environmental conservation.

- **Number of Participants:** 3 students participated in the event.



Poster that won the first prize

## 6. Mascot designing competition (4/12/23)

A creative mascot design competition brought the Eco Club's values to life, resulting in the birth of IVY. As a symbol of our commitment to a greener future, IVY embodies the ideals we cherish.

- **Number of Participants:** 5 students participated in the event.



Winning mascot

## 7. Nature painting competition (5/2/24)

A creative painting competition on the theme "Nature's Symphony" saw participants bring nature to life by painting leaves, pots, and rocks, showcasing their artistic flair through natural elements.

- **Number of Participants:** 4 students participated in the event.



First and second position paintings

## 8. ECO FEST, VASUDHA '24 (6/3/24)

Eco Fest VASUDHA '24, held on March 6, 2024, brought together environmental enthusiasts through interactive exhibits, sustainable initiatives, and vibrant competitions. Events like best-of-waste, eco-rangoli, photography, and idea presentations highlighted creativity and sustainability, while a pen collection drive engaged all 14 departments in reducing plastic waste.

- **Number of Participants:** 85 participants participated in the event.



